



# Sprouted Almonds

Distinctively unique & crunchy,  
naturally healthy & satisfying!™



The Original  
Gourmet Sprouted Almonds  
Since 2004 !

**Almonds with Added Values!**

Sprouting reduces fat content, while enhancing flavor, nutty texture and nutritional values!

Raw Whole Ready-To-Eat Foods!

You'll Love 'em! Everyone Does!

**WARNING! NEW protein rich High Fiber Almond May Become Addicting!**

**Absolutely! A Proven WINNER / Profit Maker!**

Original Gourmet Sprouted Almonds® contain less fat when compared to raw almonds!

**NEW** TEXTURE! **NEW** LIGHTER CRUNCH! **NEW** DELIGHTFUL FLAVOR!

**EASIER TO CHEW! EASIER TO DIGEST!**

Our Secret Family Formulas produce AWESOME new GOURMET products.

### Compare

1oz Serving (24 nuts)	Raw	Sprouted	Change
Calories from fat	113	99	- 13%
Total fat	12.8g	11.25g	- 12%
Saturated Fat	0.88g	0.74g	- 16%
Riboflavin B2	0.31g	0.35g	+ 13%
Niacin B3	0.95g	0.99g	+ 4%
Soluble Fiber	7.4%	10.3%	+ 39%
Campesterol *	1.2mg	1.4mg	+ 17%
Beta Sitosterol *	28.6mg	36.0mg	+ 26%
Stanols *	9.5mg	10.5mg	+ 11%
Stigmasterol **	1.3mg	1.7mg	+ 31%

\* Cholesterol Lowering Factor    \*\* Anti Stiffness Factor  
Verified lab test results apply to our Sprouted Almonds® Brand Only

### Resveratrol – Anti Aging Factor

Sprouted Almonds® Brand contains 1.4mg Resveratrol per serving (24 nuts).  
1.4mg is equivalent to 3 glasses of Red Wine.

Gluten Free! GMO Free! Additive Free!  
**SPROUTED ALMONDS IS A RAW, WHOLE FOOD!**

### Sprouting Has a Purpose

Almonds have enzyme inhibitors in them. This is why almonds can remain stored for many years. To eat un-sprouted almonds is to eat these enzyme inhibitors... which will inhibit the enzymes y-o-u need to digest your food! Sprouting Removes the Enzyme Inhibitors! Nutritionally, you get more "bang-for-your-buck"!

**Sprouting** is one of the most fascinating natural phenomena. From this tiny appendage, a tree is born. It's not surprising that there is exceptional nutritional value locked inside the kernel. Sprouting enlivens the enzymes that are dormant within. These enzymes activate when they come in contact with water, and the nuts are "awakened". The potential growth for each nut is to become a tree, and when we eat Sprouted Almonds® our bodies receive this concentrated vital energy and nutrition. Even more important, sprouting neutralizes enzyme inhibitors present in the nut, allowing quicker and more complete digestion and assimilation of nutrients.

**Enjoy** the absence of that rancid oil after taste associated with oil roasted almonds.

We do not roast our Sprouted Almonds®! We dry them! Original Gourmet Sprouted Almonds® are easier on the stomach! Sprouted Almonds® are healthier, easier to chew & digest!

### Products

Original

Kosher Himalayan  
Lightly Salted

Dark Chocolate  
Covered

Cherry-Pom Dark Chocolate  
Covered

Coconut Dark Chocolate  
Covered



Reseal-able Clamshells



Original Butter



Bulk



Bulk



Crystal Clear Pouches with gusseted stand-up bottom, re-seal zip, tear notches and hanger hole.

**Available in Original, and 4 enhanced flavored coatings including cherry pomegranate, coconut and dark chocolates!**